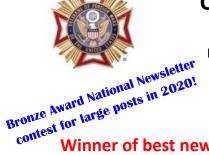
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NEWS & VIEWS • August 2021

Winner of best newsletter in the State of Minnesota for large VFW Posts—2020 & 2021!

Post #494 Officers / Trustees 2021-2022

Commander Sr. Vice Commander Jr. Vice Commander Quartermaster Gambling Manager/	Bill Blair
Ass't. Quartermaster	Gene Burdick
Adjutant	Harland Anderson
Chaplain	Steve Jones
Judge Advocate	Don Fernstrom
Surgeon	Dan Zere
Service Officer	Don Fernstrom
Officer of the Day	Fred Crimmins
Door Guard	Bob Vorderbruggen
1 Yr Trustee	Jay Leamons
2 Yr Trustee	Fred Crimmins
3 Yr Trustee	Larry Bengtson



All American Post 1993, 1996 Banner Post

Post #494 CMC Members

2021

1 Yr CMC	Member	Steve Hawk
1 Yr CMC	Member	Gene Burdick
1 Yr CMC	Member	Harland Andersor
2 Yr CMC	Member	Gary Archambaul
2 Yr CMC	Member	Tom Boies
3 Yr CMC	Member	Steve Jones
3 Yr CMC	Member	Rick Godfrey

Auxiliary #494 Officers / Trustees 2021-2022

President	Marge Rubenstein
Sr. Vice President	
Jr. Vice President	Lisa Sundberg
Secretary	Debbie Larson
Treasurer	Lori Aydt
Chaplain	Natalie Stuhr
ConductressMa	ary Touve-Kackman
Guard	Craig Dahlin
Patriotic Instructor	Virginia Sroka
3rd Yr. Trustee	Jo Peterson
2nd Yr. TrusteeMa	ary Touve-Kackman
1st Yr. Trustee	Lisa Sundberg

★ Club Management Committee (CMC) meeting is the 2nd Monday, 1:30 p.m.

Post & Auxiliary membership meeting is the 3rd Tuesday, Post: 7pm, Auxiliary: 6:30pm

from the COMMANDER



Greetings Comrades,

I can't believe the newscasters are already starting a countdown to the State Fair. Next thing you know, there will be Christmas displays up at the stores. No need to speed through Summer, but we are moving along through the seasons. Lots of things going

on at your Post. Take advantage of the weather and come on down to see what's happening. We have Monday—Friday lunch specials that can't be beat!

We just had our first District meeting this weekend and your Post was well represented. As we were going through our usual business, I was reminded of the importance of a relatively new program for our membership. We have had our annual renewing members and our Life members. In addition to these there is now a Legacy Membership option which is available in Bronze, Silver, and Gold. Legacy will continue your membership and contribute to your Post even after you are gone. We have several of these Legacy memberships that we have given. Membership is a continual challenge for us, as fewer serve than before. We need to stay strong to serve fellow veterans and serve as a community asset. Legacy is something to consider if you are currently a Life member.

Speaking of membership, we have had several new members who are taking advantage and coming out for the meetings. It is always refreshing to see new faces. Keep in mind we always have room for you as well.

Dates to remember coming up: July 27, which is the 68th anniversary of the Korean War Armistice, August 7 is Purple Heart Day, and August 8 is the 76th Anniversary of Victory over Japan. It is part of our mission to remember our past and keep veterans in the public eye.

We are having a blood drive in August. Keep your eyes open for the posters at the VFW and make your appointment soon!

Your Post is doing well and still serving veterans and our community. We can't do it without you. Come down and participate. If you are on a renewing membership, please remember to renew or switch to either a Life membership or the new Legacy option. As always, our meetings are the third Tuesday of every month at 7:00. I hope to see you at the "V".

Respectfully,

Commander Jim Doten

from the QUARTERMASTER

If you prefer to receive the Post newsletter in PDF format, please contact me via Email at:

quartermaster494@comcast.net. You will receive the newsletter in color, get it more quickly, and save the cost to print and mail hard copy. And, you will have the calendar handy to check out our monthly events and lunch specials.

★ For up-to-date information on activities, go to: Post webpage crystalvfw.com and Facebook page: Charles Knaeble VFW 494 Crystal.

We strive to bring you a newsletter you will enjoy and to provide relevant information. Please notify us ASAP of any change (temporary or permanent) in your mailing address as there is a charge to the Post for mail that is undeliverable.

Jim Richter, Post 494 Quartermaster



Westphal American Legion

Westphal Legion Members:

We need members to turn in their 2021 membership dues. We are now at 91% of goal. Great job so far!

We are hosting a dinner every third Wednesday of the month from 5pm to 7pm at the Charles Knaeble VFW Post #494. For only \$8 you can enjoy a delicious Spaghetti and meatball dinner. Please come and join us.

Tom Juergens, Commander

from the AUXILIARY PRESIDENT



Greetings Members,

Hope you are enjoying our summer weather; I know it's been a hot dry summer but after last year's pandemic it feels good to be out and about again. We are back in the swing with all our Auxiliary programs and doing what we do best, assisting and helping

Veterans and their Families.

On July 4, Aux Guard Craig and I participated in the car parade at the Minneapolis VA Hospital and the Minneapolis Veterans Home. While it was extremely hot that day and most residents were inside, we still had fun honking our horns and parading all around the grounds.

We had our first District meeting of the new auxiliary year at Kraus Hartig on July 24 and received certificates of recognition for obtaining 98% membership by March 31, 2020, along with two for promoting Youth Activities programs, and one for a Healthy Auxiliary during the pandemic!

We are always looking for new members to join our Auxiliary, stop by the post or contact me or one of the officers and we can get you an application. Membership remains the lifeblood of the organization, so if you know someone who is eligible, let them know about us. Our best referrals come from our members!

The requirements are as follows:

Citizen of the United States, at least 16 years old, and one of the following relations to persons who were or are eligible for membership in the Veterans of Foreign Wars of the United States.

Husband\Wife

Widower\Widow

Father\Mother

Grandfathers\Grandmothers

Sons\daughters

Grandsons\Granddaughters

Brothers\Sisters

We **Do** need a copy of the **DD-214** discharge showing the campaign and any medal overseas that were received as well as the dates of service.

Upcoming dates to remember:

US Coast Guard Birthday – Weds., August 4 Purple Heart Day – Sat., August 7

VJ Day - Sun., August 15

Auxiliary Meeting - Tues., August 17 6:30

National Aviation Day - Thurs., August 19

Marine Corps Reserve Birthday - Sun., August 29

Military Appreciation Day MN State Fair – Tues., August 31

We recently lost one of our long time Auxiliary\Cootie members Vi Munsinger. Vi was a very special person and will be missed by all her Auxiliary Sisters and Brothers. Vi loved to serve Veterans and help out where ever she could. Funeral will be held August 4 at First Lutheran Church of Crystal at 1pm with visitation at 12 pm. Obituary Kapala Glodek website.

Best wishes for a speedy recovery to all who have been ill, and to those who have lost a loved one, our sympathies are with you.

Loyally in Patriotism,

Marge Rubenstein Auxiliary President

GOOD OF THE ORDER

Your VFW Post does not act alone in recognizing the needs of veterans and contributing to their well-being. *Every Third Saturday* is a non-profit corporation, which we regularly support with our donations and which we encourage you to also support. They assist veterans in finding purpose after their military service, with particular emphasis on meeting the needs of those experiencing homelessness or suffering from Post-Traumatic Stress. They are located near the VA Medical Center in Minneapolis.

You may have seen news of the groundbreaking ceremony for their new building. Their new facility will include a coffee shop where veterans can congregate, and it will allow them to expand their operation to include additional resources for veterans in need. Currently they accept donations of gently used clothing, shoes and boots, and monetary contributions, which are used to purchase socks, underwear, and personal hygiene items for homeless veterans. They welcome your assistance and accept donations Tuesdays and Thursdays from 9-4. Next time you go to the VA Medical Center, bring a bag of gently used clothing, jackets, shoes, and boots to drop off. Stay and have a chat with their staff to find out more about their good work. They are located at 4303 E. 54th Street, Minneapolis, MN 55417. You can learn more about this great organization at their website:

everythirdsaturday.org.



Taps & Sick Call

TAPS

Gary Archambault
Vi Munsinger
Robert Larson

SICK

Past Commander; John Rooney

Chaplain's Corner





Good of the Order (continued)

Reuniting After War is another non-profit corporation supported by your post. Their mission is to assist veterans in their readjustment to life in the United States or "back in the world" as we used to say. Their focus is on men and women who served in combat zones and who experienced the loss of a comrade in arms during their deployment.

The organization was co-founded by Crystal resident Mary Henry and her son Eric Harder. Eric was deployed three times in Iraq and Afghanistan. He received the Bronze Star, Purple Heart, and the Combat Infantry Badge among other decorations. After a particularly difficult deployment in which his unit lost some of its finest soldiers, Eric and Mary thought that they could help those returning from the war zones by providing them with a retreat during which they could reunite with battle buddies and process their experiences. That led to the idea of providing reunion opportunities for veterans of the same unit to decompress in the lake country of Northern Minnesota. Combat veterans from these units fly in from all over the United States to experience the cleansing laughter and tears with their brothers and sisters in arms during a weekend in the North woods. As a Vietnam veteran who has been attending my unit reunion for over ten years, I can testify that these reunions provide much needed therapy for combat veterans who otherwise would be suffering in silence.

Reuniting After War or RAW, as they are affectionately known, are holding their annual Bash for the Brave a fundraising dinner and silent auction on Friday, August 13, 2021 at John P. Murzyn Hall, 530 Mill St. NE, Columbia Heights, MN 55421. Happy hour and silent auction start at 5:00 PM, dinner at 6:00 PM. Guest speaker is Major Christopher Cordova a decorated combat medic with multiple deployments in Iraq and Afghanistan. Tickets are \$25.00 per person. See Gene Burdick, Jim Richter, or me for tickets to this event.

You can contribute monetarily or volunteer your time to support their cause at **reunitingafterwar.org**.

What is a turtle? A turtle is a marine reptile body enclosed in a hard shell, along with the head, tail and four legs. This turtle was a good size, especially his large shell, but faith gave it the strength and tenacity to try to cross the highway ever so slowly. The highway was packed with fast cars, every car avoided the turtle and went around it. The poor turtle became confused. Should the turtle sit on the highway since none of the drivers especially cared about it and time would go quickly if it was run over and died, the shell would have been crushed.

Suddenly a car slowed down and parked on the side of the highway. A girl darted out the ways that the fast cars were going, ran to the turtle, picked it up, shell and all and carried it across the highway and placed it on the other side. She was truly a first responder. She returned to her car and drove off.

God bless this special person who saved something that God created! (true story)

Natalie Stuhr, Auxiliary Chaplain VFW Post #494

MARK YOUR CALENDAR!

VFW Post #494

Membership dinner

Sunday, Sept 19

details coming!

VFW Post 494 Veteran and Community Support



Harland Anderson, VFW Post #494 Adjutant presents a check to Brooklyn Center Legion Commander Lynell Radcliff for Children's Cancer Research. BC Legion Manager Brian Pratt (right) hosted a benefit weekend supporting this worthy cause.





Emily Wilkinson, VFW Post #494 General Manager presents a check to West Metro Fire Relief.

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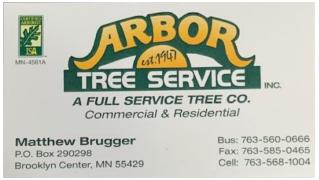
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Friday Night Live Music 7:30-11pm			
Aug 6	Bob Holden		
Aug 13	Persuaders		
Aug 20	Deb Barrett		
Aug 27	Deb Barret		

from the Kitchen and Bar

Happy August!

NOTE: Breakfast will now be ending at 12:30 pm on Saturday and Sunday.

Here are a few dates to put on your calendar:

Sun., Aug. 29:

Golf tournament and pig roast

Sat., Sept. 11:

1st Annual Crystal's Finest Horseshoe Tournament (Crystal PD, West Metro FD and our Veterans)

Sun., Sept. 12:

1st MN Vikings Regular Season Football Game

Sun., Sept. 19:

Membership Dinner. Details to follow

Thank You all, for your continued support and understanding.

Emily Wilkinson,

General Manager

ROOM RENTALS: For Conference Media Room Rental, Hall Rentals, Banquets, Weddings, Anniversaries and other functions, call the Post and ask for the Manager: 763-537-9914 Extension 23

Weekly Entertainment

Bar BINGO: 6PM start Mon. & Thurs.

\$750-\$1,000 Coverall and \$1199

Coverall final game! Plus

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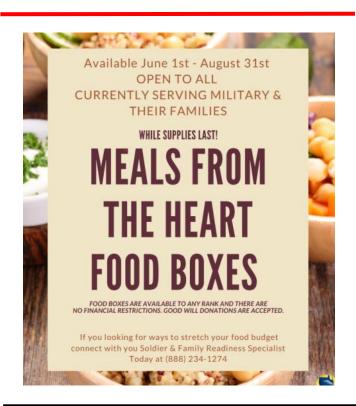
For your safety: Please

bring your own dauber

or you may purchase one at the VFW.

Bar RINGO: Free to play Saturday, 5 pm

Seven prize games plus \$500 Coverall. RINGO starts soon after the MEAT RAFFLE, so come on down for the raffle and STAY and PLAY.



NEWS & VIEWS is published monthly by Charles R. Knaeble V.F.W. Post 494, 5222 56th Ave N., Crystal, MN 55429. Editing and layout by Lifetime Auxiliary member, Lesley Kurke, content management by Quartermaster, Jim Richter.

VFW POST 494 (763) 537-9914



August 2021



*Note: Calendar information is subject to last minute change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Breakfast 8:00 The Stacker: 2 eggs w/cheese, meat choice on bed of hashed browns topped w/ hollandaise Marcus & Friends Music after 3	2 Lunch Special Grilled Cheese w/ ham and tomato soup w/chips Bar Bingo 6-9	3 Lunch Special Green chili chix enchiladas w/tortilla chips \$5 Burger Basket 5:30-9 DJ Trivia 6:30pm	4 Lunch Special Italian beef sandwich w/provolone and chips Vietnam Vets Pork Chop Dinner 5-7 pm KARAOKE 7:00	5 Lunch Special Roast pork loin w/ mash and gravy, roll & butter Bar Bingo 6-9	6 Lunch Special Crispy BBQ chix sandwich w/ cheddar and coleslaw w/chips Meat Raffle 4pm Live music 6:30 pm Bob Holden	7 Breakfast 8:00 Apple cinnamon French toast w/choice of meat Meat raffle 2 pm RINGO 5:00 PM KARAOKE 7:00
8 Breakfast 8:00 Apple cinnamon French toast w/ choice of meat Marcus & Friends Music after 3	9 Lunch Special Cuban sandwich w/chips Gambling Mtg 1 pm CMC MTG 2:00 Bar Bingo 6-9	10 Lunch Special Beef chow mein w/ hard noodles, roll w/ butter \$5 Burger Basket 5:30-9 DJ Trivia 6:30pm	11 Lunch Special Lasagna rollups w/ garlic toast Crystal Lions Steak Fry 5-7 pm KARAOKE 7:00	12 Lunch Special Country fried steak w/mash and country gravy w/ roll and butter Bar Bingo 6-9	13 Lunch Special Pulled pork with slaw and chips Meat Raffle 4pm Live music 6:30 pm Persuaders	14 Breakfast 8:00 Hamb SOS over toast w/2 eggs Meat raffle 2 pm RINGO 5:00 PM KARAOKE 7:00
15 Breakfast 8:00 Hamb SOS over toast w/2 eggs Marcus & Friends Music after 3	16 Lunch Special Chicken cordon bleu sandwich on bun w/chips Bar Bingo 6-9	17 Lunch Special Chuckwagon and beans w/breadsticks \$5 Burger Basket 5:30-9 Aux. Mtg 6:30 Post Mtg. 7:00 DJ Trivia 6:30pm	18 Lunch Special Goulash with garlic toast Westphal Legion 251 Spaghetti Dinner 5-7 pm KARAOKE 7:00	Pot roast w/ potatoes and gravy, carrots, roll and butter Bar Bingo 6-9	20 Lunch Special Open-faced tuna melt w/chips Meat Raffle 4pm Live music 6:30 pm Deb Barrett	21 Breakfast 8:00 Philly cheese steak omelet w/hash browns and toast Meat raffle 2 pm RINGO 5:00 PM KARAOKE 7:00
22 Breakfast 8:00 Philly cheese steak omelet w/hash browns and toast Marcus & Friends Music after 3	23 Lunch Special Breaded pork cutlet on a bun w/ lettuce, tomato and chips Bar Bingo 6-9	24 Lunch Special Chix pot pie filling over biscuits \$5 Burger Basket 5:30-9 DJ Trivia 6:30pm	25 Lunch Special Italian sausage w/ penne pasta and breadstick Crystal VFW Rib Dinner 5-8 pm KARAOKE 7:00	26 Lunch Special Meatloaf with mashed/gravy, roll and butter Bar Bingo 6-9	27 Lunch Special Shrimp basket w/ fries and slaw Meat Raffle 4pm Live music 6:30 pm Deb Barrett	28 Breakfast 8:00 Chipotle bacon or sausage patty w/egg and pepper jack cheese on a croissant w/2 tri tators Meat raffle 2 pm RINGO 5:00 PM KARAOKE 7:00
20 Breakfast 8:00 Chipotle bacon or sausage patty w/egg and pepper jack cheese on a croissant w/2 tri tators Marcus & Friends Music after 3	30 Lunch Special Shredded BBQ chix on a bun w/ slaw and chips Bar Bingo 6-9	31 Lunch Special Diced ham w/ scalloped potatoes w/ roll and butter \$5 Burger Basket 5:30-9 DJ Trivia 6:30pm	No full dinner mer Wednesday S BENEFIT D 1. Vietnam Vets 2. Crystal Lions 3. Westphal Legic 4. Crystal VFW 5. West Metro Fin	Sponsored INNERS on #251	LU SPI \$	EEKLY JNCH ECIALS 55.95 DN—FRI